

Clips of Grace and the Royal Harbor Tai Chi Group Practicing and Fine Tuning Their Forms

20190915 - Tavares, Florida - 3.5 Minute Video of Tai Chi Rehearsal in Royal Harbor is at

https://youtu.be/_YGa47D9qvQ

20190915 - Tavares, Florida - 6 Minute Video of Tai Chi Practice in Royal Harbor is at

<https://youtu.be/wNCHgRCofec>

20190825 - Tavares, Florida - 4.5 Minute Clip of Tai Chi Class Conducting Partial Tai Chi Set is at

<https://youtu.be/Gy839J09Hc0>

20190825 - Tavares, Florida - 3.5 Minute Clip of Tai Chi Class Conducting Full Body Warm Up Walk is at

https://youtu.be/2ntZ_Q1QsT4

20190825 - Tavares, Florida - 3.5 Minute Clip of Tai Chi Class Conducting Footwork Warm Up Walk is at

<https://youtu.be/RR5wlv16v9E>

20190825 - Tavares, Florida - 6.5 Minute Clip of Tai Chi Class Conducting Warm Up Exercises is at

<https://youtu.be/ljjmI0HoN7w>

20190818 - Tavares, Florida - 3.5 Minute Clip of Tai Chi Form Refinement Practice - MVI_0599 is at

<https://youtu.be/DS7sBAvEBeE>

20190818 - Tavares, Florida - 2.5 Minute Clip of Tai Chi Form Refinement Practice - MVI 0598 is at

https://youtu.be/KN6tfAg5v_w

20190818 - Tavares, Florida - 2 Minute Clip of Tai Chi Form Refinement Practice - MVI_0590 is at

<https://youtu.be/0MUx6HvGMLA>

20190818 - Tavares, Florida - 3 Minute Clip of Tai Chi Form Refinement Practice - MVI_0589 is at

<https://youtu.be/2y1vIPbRzVM>

20190811 - Tavares, Florida - 7 Minute Clip of Tai Chi Class Players Fine Tuning Their Forms - Clip 5 is at

<https://youtu.be/RSk1UxexrAc>

20190811 - Tavares, Florida - 3.5 Minute Clip of Tai Chi Class Players Fine Tuning Their Forms - Clip 4 is at

<https://youtu.be/1EHBWSN0ASg>

20190811 - Tavares, Florida - 1 Minute Clip of Tai Chi Class Players Fine Tuning Their Forms - Clip 3 is at

https://youtu.be/_jTdVQLFjL0

20190811 - Tavares, Florida - 1 Minute Clip of Tai Chi Class Players Fine Tuning Their Forms - Clip 2 is at

<https://youtu.be/IDTFc2NqNW4>

20190811 - Tavares, Florida - 1 Minute Clip of Tai Chi Class Players Fine Tuning Their Forms - Clip 1 is at

<https://youtu.be/I3n9mr1Wpd4>

20190804 - Tavares, Florida - 12 Minute Clip of Tai Chi Class Players Fine Tuning Their Forms is at

<https://youtu.be/XT1ywngEfrs>

20190804 - Tavares, Florida - 7.5 Minute Clip of Tai Chi Class Players Fine Tuning Their Forms is at <https://youtu.be/NVPpoTUCji0>